

GETTING TESTED FOR PROSTATE CANCER

Knowing the facts about prostate cancer and getting tested can save your life – and starting the conversation and getting tested is simpler than you might imagine.

Prostate Cancer Is The Most Commonly Diagnosed Cancer In Australian Men¹.

If prostate cancer is detected early, it can usually be treated successfully. That is why it is important to stay informed, know the facts, and start the conversation around prostate cancer testing.

WHAT IS PROSTATE CANCER TESTING?

Getting tested is very easy, and initially only involves a simple blood test measuring PSA (Prostate Specific Antigen), which can determine your risk of developing prostate cancer, followed by an examination and further testing if necessary.

WHO SHOULD GET TESTED FOR PROSTATE CANCER?

Testing for prostate cancer should only be undertaken after a detailed discussion with a general practitioner or medical specialist. Current guidelines recommend that:

- All men from the age of 50 years – 70 years should have access to a 2 yearly PSA blood test²
- All men who have a family history of prostate cancer or other cancers should have access to prostate cancer testing from the age of 40-45 years²

HOW DO I GET TESTED FOR PROSTATE CANCER?

Your family GP can answer your questions about prostate cancer testing and organise a PSA blood test for you. Take this information sheet with you to support your discussion about getting tested for prostate cancer.

Be proactive and start the conversation - it could just save your life!

Australian Prostate Centre

The Australian Prostate Centre is a medical facility like no other, uniting research, education, treatment and support in a one of a kind, world class setting in Melbourne's medical precinct. We provide 360° of care for prostate cancer and urological conditions.

Our ongoing quest is to offer every man access to best practice diagnosis, treatment, and support for prostate cancer and urological disorders. Our treating medical and allied health specialists are among the best in their field and will provide you with unparalleled support and expert care. As we are a not-for-profit organisation, only minimal out of pocket fees apply.

To learn more about the Australian Prostate Centre, visit: australianprostatecentre.org.au